

Sample Menus

**Meatball Stroganoff
Over Rice
Mixed Vegetables
Dinner Roll**

**Turkey Sandwich w/ cheese
Three Bean Salad
Banana
Red Velvet Cake
Milk**

**Pork Loin
Mashed Potatoes w/ Gravy
Green Beans**

**Pastrami and Swiss Sandwich
Tossed Salad
Brownie
Juice**

**Baked Ziti
Broccoli
Garlic Biscuit**

**Egg Salad Sandwich
Carrot Raisin Salad
Chocolate Chip Cookies
Milk**

**Baked Salmon
Spanish Rice
Brussel Sprouts**

**Roast Beef & Provolone
Sandwich
Ambrosia Salad
Chocolate Cupcake w/
Raspberry Frosting
Milk or Juice**

**Meatloaf with Brown Gravy
Red Skin Potatoes
Carrots w/ brown sugar and
dill**

**Peanut Butter and Jelly
Sandwich
Apple
Cottage Cheese w/ Apricot
Juice**